

CREATED WITH PURPOSE / NO. 01

Seated in Grace

Discovering Your Identity in Christ

Read Ephesians 2:6–7 in your Bible

A MOMENT AT THE TABLE

Who are you when the titles, responsibilities, accomplishments, and expectations of this world are stripped away? The world often teaches us to find our identity in what we do, what we own, or how others see us. But Scripture offers something greater—an identity rooted not in our performance, but in our relationship with Jesus Christ.

Through His grace, God has raised us up with Christ and seated us with Him in the heavenly realms. This is not a chair we earn, but a place we are given through faith. At Jesus's table, we are not defined by our past, our failures, or the labels others place upon us. We are known, chosen, and welcomed by the One who sees us fully and loves us completely.

When we understand who we are in Christ, we can stop striving to prove our worth and begin to live with the confidence that comes from His grace. Our identity is not something we have to manufacture or defend. It is a gift from the One who invites us to sit, to belong, and to be transformed.

A PRAYER

Dear Jesus, thank You for seeing beyond my accomplishments and failures. Forgive me for the times I have measured my worth by the world's expectations rather than Your truth. Help me understand who I am in You and live with the confidence that comes from Your grace. I surrender the labels I have allowed to define me and trust You to shape the person I am becoming. In Jesus's name, amen.

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Quiet at the Table

Reflecting on Your Identity in Christ

A MOMENT IN PRAYER

P.R.A.Y. — A SIMPLE WAY TO PRAY

Use these four steps to guide your time with God.

PRAISE	REPENT	ASK	YIELD
Thank God for who He is.	Confess and receive His forgiveness.	Bring your needs and those of others.	Surrender and trust His plan.

01 **PRAISE** *What does God's grace reveal about how He sees me?*

02 **REPENT** *Have I allowed other people's opinions or my own accomplishments to define my worth?*

03 **ASK** *Where do I need Jesus to help me understand my identity in Him?*

04 **YIELD** *What label or expectation am I ready to surrender to God?*

MY PRAYER TODAY

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